

Week one

W/C 1 Jan, 22 Jan, 12 Feb, 5 Mar, 26 Mar

Main option...
Cheddar Cheese Wrap

Vegetarian option...
Cheddar Cheese Wrap

Gluten Free option...
GF Pasta Salad Pot

Crudité...
Cherry Tomatoes
Fruit...
Apple
For dessert...
Brownie

Main option...
Ham Sandwich

Vegetarian option...
Cheese & Cucumber Sandwich

Gluten Free option...
GF Cheese & Cucumber Sandwich

Crudité...
Pineapple
Fruit...
Orange
For dessert...
Flapjack Bites

Main option...
Tuna Mayonnaise Sandwich

Vegetarian option...
Egg Mayonnaise Sandwich

Gluten Free option...
GF Egg Mayonnaise Sandwich

Crudité...
Mixed Crudité
Fruit...
Apple
For dessert...
Yoghurt

Main option...
Chicken & Cheese Salad Roll

Vegetarian option...
Mixed Bean & Feta Salad Pasta Pot

Gluten Free option...
GF Chicken Salad Roll

Crudité...
Cucumber
Fruit...
Orange
For dessert...
Cookie

Main option...
Ham & Cheese Sandwich

Vegetarian option...
Falafel Salad Wrap

Gluten Free option...
GF Ham & Cheese Sandwich

Crudité...
Celery
Fruit...
Apple
For dessert...
Cake of the Day

Our packed lunch menu has been developed in line with School Food Standards
We offer a vegetarian and gluten free option every day
Oily fish appears on the menu once every three weeks
We only use wholegrain or 50/50 bread
No confectionery, snacks or fizzy drinks are included in our packed lunches

Week two

W/C 8 Jan, 29 Jan, 19 Feb, 12 Mar

Main option...
Cheddar Cheese Wrap

Vegetarian option...
Cheddar Cheese Wrap

Gluten Free option...
GF Pasta Salad Pot

Crudité...
Cherry Tomatoes
Fruit...
Orange
For dessert...
Cookie

Main option...
Chicken Tikka & Lettuce Roll

Vegetarian option...
Egg Mayonnaise Roll

Gluten Free option...
GF Chicken Tikka Roll

Crudité...
Pineapple
Fruit...
Apple
For dessert...
Yoghurt

Main option...
Ham & Cucumber Sandwich

Vegetarian option...
Cheese Salad Roll

Gluten Free option...
GF Ham & Cucumber Sandwich

Crudité...
Mixed Crudité
Fruit...
Orange
For dessert...
Brownie

Main option...
Tuna Mayonnaise Roll

Vegetarian option...
Egg Mayonnaise Roll

Gluten Free option...
GF Onion Bhaji & Feta Rice Salad

Crudité...
Cucumber
Fruit...
Apple
For dessert...
Flapjack Bites

Main option...
Turkey & Cheese Sandwich

Vegetarian option...
Falafel Salad Wrap

Gluten Free option...
GF Turkey & Cheese Sandwich

Crudité...
Celery
Fruit...
Orange
For dessert...
Cake of the Day

If your school is an online ordering school visit our website to book your meals:
www.dorset.mealselector.co.uk



Our packed lunch provides 2 of your 5 a day

Week three

W/C 15 Jan, 5 Feb, 26 Feb, 19 Mar

Main option...
Cheddar Cheese Wrap

Vegetarian option...
Cheddar Cheese Wrap

Gluten Free option...
GF Pasta Salad Pot

Crudité...
Cherry Tomatoes
Fruit...
Apple
For dessert...
Flapjack Bites

Main option...
Roast Turkey Sandwich

Vegetarian option...
Cheddar Cheese Sandwich

Gluten Free option...
GF Cheese Sandwich

Crudité...
Pineapple
Fruit...
Orange
For dessert...
Cookie

Main option...
Salmon Mayonnaise & Cucumber Roll

Vegetarian option...
Egg Mayonnaise Roll

Gluten Free option...
GF Onion Bhaji & Feta Rice Salad

Crudité...
Mixed Crudité
Fruit...
Apple
For dessert...
Brownie

Main option...
Chicken Mayonnaise & Salad Roll

Vegetarian option...
Houmous Salad Roll

Gluten Free option...
GF Chicken Mayonnaise & Salad Roll

Crudité...
Cucumber
Fruit...
Orange
For Dessert...
Yoghurt

Main option...
Ham Salad Sandwich

Vegetarian option...
Mixed Bean & Feta Salad Pasta Pot

Gluten Free option...
GF Ham Salad Sandwich

Crudité...
Celery
Fruit...
Apple
For dessert...
Cake of the Day

For more information please contact:
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